Land of Fairytales medium-term plan

Reception									
Knowledge Competent learner:	Skills Physical Development	Key Vocabulary	Assessment						
Perform fundamentals of movement (ABC's) with control	Develop core strength, stability, balance, spatial awareness, co-ordination and agility.	Assessment areas	Expected						
and confidence Practice a range of movements with control demonstrating balance & coordination Safely negotiate space both indoors and outdoors	Communication and language Commenting on what they are interested in or doing (Activity Professional will echo back what they say with new	Fundamentals	Aglity – can change direction when prompted Balance – remain in control of their body whilst moving Co-ordination – can use arms and legs together fluently						
Active & healthy learner:	vocabulary added) Offer explanations for why things might happen	Practice a range of movements with control	Move energetically, such as running, jumping, hopping and skipping						
Understand and explain the importance of good health, physical exercise and healthy food	Personal, social and emotional development Supported to manage emotions, develop a positive sense of self, set themselves simple goals and have confidence in their own abilities.	Safely negotiate space	Negotiate space and obstacles safely, with increasing awareness of themselves and others						
Understand and explain which activities are good for our		Healthy food	Increasing awareness of healthy choices from limited options						
health	Support interaction with other children.	Activities good for health	Can suggest a variety of movements						
Reflective learner: Describe, explain and comment on their own actions and		- Actions and feelings	Begin to express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses						
feelings	Experiences Games played both indoors and outdoors Engaging actively in stories, conversation, story-telling and role play. Playing and exploring Experience a variety of equipment and explore ways to use safely. Concentrate and keep on trying if they encounter difficulties. Enjoy achievements. Creating and thinking - have and develop their own ideas, make links between ideas, and develop simple strategies for performing different movements and actions.	Expectations and rule	Explain the reasons for rules, know right from wrong and try to behave accordingly						
Listen, respond to set tasks and sounds following		Handling equipment	Explore ways to use equipment safely						
expectations and rules		Preparing for PE	Manage own clothes independently						
Engaged learner:		Listen to others and follow instruction	Respond to what they hear with relevant questions, comments and actions						
Communicate, select, prepare and handle appropriate resources effectively		Co-operate and taking turns	Wait for what they want and control their immediate impulses. Begin to share sensibly with a partner						
Dress and undress for PE promptly Listen to others and follow instruction Play and use a range of skills cooperatively, taking turns and		Positive attitude	Form positive attachments to adults and friendships with peers. Begin to show sensitivity to their own and to others' needs						
working together		Work well with others	Set and work towards simple goals, being able to wait for what they want and control their immediate impulses.						
Disciplined Learner: Show a positive attitude towards activities and other pupils		Additional key vocabulary							
Work well with others by showing respect		Equipment	The necessary items for a particular purpose						
Stay on task throughout the session		Performance	Execution of an action						
		Team	Working together with other children						
	Mathematics – numerical patterns Compare quantities up to 10 in different contexts, recognising when one quantity is greater than, less than or the same as the other quantity Literacy – comprehension Use and understand recently introduced vocabulary Understanding the world - people, culture and communities Similarities and differences between life in this country	Space	An area which is free of others						
	and life in other countries								

Reception								
Lesson number		Learning focus				Lesson focus	Useful questions for individuals / groups / whole class	
Humber	С	Α	R	Е	D			
1	/	/				Spatial awareness through story Fundamentals of movement	What is the safety zone? Remind me what a space is? Why is it important to stay inside the safety zone? What does being safe mean? When should we slow down? What are the rules for our safety zone? What could happen if we don't control our speed?	
2	/			/		Fundamentals of movement Combining different movements Exploration of equipment through story	What is the safety zone? What are the rules in this activity? What is balance? Can you still move in this way whilst holding the equipment? What is the aim of this game? What are you doing to ensure the plates are balanced?	
3				~	/	Simple competition, working together, collecting/transferring equipment from one place or person to another Exploration of equipment through story	What does take turns mean? How can you be kind to others in lesson? What different ways can we send the beanbag? What equipment have we been using? How are we supporting our teammates?	
4			/		/	Displaying a positive attitude Fundamentals of movement Collecting equipment individually and working together	What sports involve being a team? What do you think being positive is? Have the team been taking turns? How can you show a teammate you are ready to receive a ball from them? How are we being safe in this task? How can we support our teammates when it is there turn?	
5			~	/		Manage emotions Exploration of equipment through story	What could success be in this task? How do you feel when you have success? What can we learn from tough challenges? What did you achieve in this task? What can you do better next time?	
6	/			/		Spatial awareness Fundamentals of movement Engaging actively in story and communication	Why is listening important? What is balance? How long can you hold your balance? How can we remain safe on the obstacles?	
7	/			/		Spatial awareness Fundamentals of movement Simple competition, working together, collecting/transferring equipment from one place or person to another	Why is it important to stay inside the safety zone? What skills are needed in this task? Remind me what a space is? What is a demonstration of 'good reactions?' Can you tell me the name of this game and how you play it?	
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