



Benwick Primary School

Newsletter No 10 – 4th January 2020



Dear Parents & Carers,

Happy New Year to all our Pupils and their Families! We hope you had a wonderful Christmas and are all keeping well. We are open from tomorrow for all pupils and attendance remains mandatory for all pupils. I know it is a worrying time, we know from the media that with the new variant of Covid-19 and additional mixing of bubbles allowed on Christmas Day, that cases have been on the rise and we must be extremely vigilant. However we will continue to do all that we can to ensure school is as safe as possible. You can help us all to keep safe by:

- 2m distancing outside whilst waiting and keeping your children close to you so that they do not cross bubbles
- Only one parent/carer to drop off/collect, we ask you to **wear a face covering whilst waiting** and when approaching staff – thank you.
- Arrive at your allocated time – **please do not arrive earlier** – it was getting very busy before gate opening time on the run up to Christmas and this puts everyone at risk. No one should arrive at school before 8.45am **please**.
- Remind your children of handwashing and coughing/sneezing protocols and that they should try to keep their distances from others, especially school adults.
- Keep your child at home if they have symptoms and get a test straight away.

Reminder of family Drop off/Collection times:

Drop off times:	Collection times:
8.45 A-H Surnames	3.00 A-H Surnames
8.50 I-P Surnames	3.05 I-P Surnames
8.55 Q-Z Surnames	3.10 Q-Z Surnames

5 Ways to Wellbeing:

January is always a tricky time for mental health and never more so than this year. We will be focusing on the 5 Ways to wellbeing in our assemblies to support children’s mental health, it would be great if you adopted the principles as families at home too.



The five ways to well-being are: connect, be active, take notice, keep learning and give.

Wellbeing is when you feel good and enjoy your day to day life. The things that we do and the way that we think affects our wellbeing and there are five ways that can help boost this. Each of these actions makes a positive difference to how we feel, being aware of and combining these will make a difference.

Connect – with your friends, family, neighbours and people at work. Have a conversation, pass the time of day, make time for that chat

Be Active – find a physical activity that you enjoy, go for a walk, try gardening

Take Notice – take the time to look at the day, the changing seasons. Savour the moment

Keep Learning – try something new whether it’s making a new recipe, fixing the bike or even signing up for a course

Give – smile, do something nice for a friend or neighbour, make some time for others

Bikes and scooters:

It is great that so many children have been coming to school on their bikes and scooters. We would love to see children wearing their bike hats too, demonstrating that they understand the importance of safe cycling. Please do not allow your child to cycle or scoot around the car park, there have been a few 'near misses' with staff cars, adults and children in the weeks prior to Christmas. Thank you.

Health & Fitness Day:

Unfortunately, due to current situation with Covid 19, we are not able to accept non-essential external visitors in to school and have had to postpone our Skip to be fit workshop and our health and fitness day on Friday. We will plan another date for this to take place. Therefore children will need to wear uniform as usual on Friday.

Class Letters & Topic Grids:

This half-term our curriculum is History Driven – 'Step Back In Time'. You will be receiving class letters and a curriculum grid on Friday from your child's class teacher.

Positive Cases of Covid-19 Notifications:

If your child should test positive for Covid-19 over the weekend, please let us know straight away. For this reason only, please text: **07570707587** as soon as possible to provide details, thank you.

It is a very uncertain time, however we do hope to have as stable, productive and enjoyable term as possible. I will keep you updated of any Covid-19 information regarding schools, however please note I do not receive information before the media.

Best wishes,

Mrs Clare Talbot – Headteacher



Important dates:

These will be updated on every newsletter (as the guidance changes regularly) – we are hoping to add more dates as we know what we can and can't do!

Monday 4th January: INSET Day – School Closed

Tuesday 5th January: Spring Term begins

Friday 8th January: Health & Fitness Day (Including skip to be fit workshop), POSTPONED

Monday 15th February-Friday 19th February: Half-term Holiday

Friday 19th March: Red Nose Day

Monday 29th March-Friday 9th April: Easter Holiday

Monday 12th April: INSET Day – School Closed

Contact Us:



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At Benwick Primary School, we are fully committed to the safeguarding of pupils and take e-Safety very seriously. With the support of parents, we pro-actively teach our pupils how to keep themselves safe, including online.

Together We Can: Staff-Pupils-Family