

# Benwick Primary School

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4<sup>th</sup> May 2020

Dear Everyone at Benwick Primary School,

I am writing to formally introduce myself to you all. My name is Mrs Piper, I am your new Deputy Headteacher and plan to teach Herons on a Thursday and Friday when/if school returns to normal later this term.

I have been looking forward so much to meeting you all but with the school being only partially open, I will just have to wait a bit longer. My roles in school will be PSHE Lead, Inclusion & SEND (from September) and Pupil Premium, amongst others. One of the things I am really passionate about is mental health and Growth Mindset, as these are key to being able to succeed and achieve potential in all areas of life. I have put together some links to resources to explain growth mind set and how it can be useful at this worrying time below.

<https://www.youtube.com/watch?v=rUJkbWNnNy4>

<https://www.youtube.com/watch?v=2zrtHt3bBmQ> this is the first of 5 episodes with Mojo

Austin's butterfly <https://vimeo.com/38247060>

<https://biglifejournal.com/blogs/blog/5-fun-mindfulness-activities-children-breathing-exercises> Scroll down the page

<https://www.youtube.com/watch?v=oQG4vFGd6eU> A story about the girl who never made mistakes

Children, in your books can you make your own plan to help you next time something is tricky?

I look forward to meeting you all, in what I hope is the not too distant future.

Best wishes,

Mrs Karen Piper

Deputy Headteacher

LET'S MAKE A PLAN!
When I make a mistake, I will.
1. _____
2. _____
3. _____
"MISTAKES ARE JUST PROOF THAT YOU ARE TRYING!"