

Reception

Lesson number	Learning focus					Lesson focus	Useful questions for individuals / groups / whole class
	C	A	R	E	D		
1	✓	✓				Spatial awareness through story Fundamentals of movement	What is the safety zone? Remind me what a space is? Why is it important to stay inside the safety zone? What does being safe mean? When should we slow down? What are the rules for our safety zone? What could happen if we don't control our speed?
2	✓			✓		Fundamentals of movement Combining different movements Exploration of equipment through story	What is the safety zone? What are the rules in this activity? What is balance? Can you still move in this way whilst holding the equipment? What is the aim of this game? What are you doing to ensure the plates are balanced?
3				✓	✓	Simple competition, working together, collecting/transferring equipment from one place or person to another Exploration of equipment through story	What does take turns mean? How can you be kind to others in lesson? What different ways can we send the beanbag? What equipment have we been using? How are we supporting our teammates?
4			✓		✓	Displaying a positive attitude Fundamentals of movement Collecting equipment individually and working together	What sports involve being a team? What do you think being positive is? Have the team been taking turns? How can you show a teammate you are ready to receive a ball from them? How are we being safe in this task? How can we support our teammates when it is there turn?
5			✓	✓		Manage emotions Exploration of equipment through story	What could success be in this task? How do you feel when you have success? What can we learn from tough challenges? What did you achieve in this task? What can you do better next time?
6	✓			✓		Spatial awareness Fundamentals of movement Engaging actively in story and communication	Why is listening important? What is balance? How long can you hold your balance? How can we remain safe on the obstacles?
7	✓			✓		Spatial awareness Fundamentals of movement Simple competition, working together, collecting/transferring equipment from one place or person to another	Why is it important to stay inside the safety zone? What skills are needed in this task? Remind me what a space is? What is a demonstration of 'good reactions?' Can you tell me the name of this game and how you play it?