

### Commencing: 31st Oct, 21st Nov, 12th Dec, 9th Jan, 30th Jan, 27th Feb, 20th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cowboy Pie - Sausage & Baked Beans Topped with Creamy Mashed Potato served with Broccoli & Cauliflower	Homemade Beef Lasagne served with Garlic and Herb Bread and Fresh Salad	BENWICK BRUNCH Sausage Hash Brown Scrambled Egg Baked Beans	Pizza Street  Meat Feast Pizza served with Potato Wedges and Fresh Salad	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
		(G) (W) (MK) (SO)	(G)(W)(SU)(SO)(SE)(E	(G) (W) (E) (SO) (M	(G) (W) (F)
Meat Free	Quorn Sausage & Baked Beans Topped with Creamy Mashed Potato served with Broccoli & Cauliflower	Classic Macaroni Cheese served with Garlic and Herb Bread and Fresh Salad	BENWICK BRUNCH Quorn Sausage Hash Brown Scrambled Egg Baked Beans	Pizza Street Margherita Pizza served with Potato Wedges and Fresh Salad	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (B) (E) (MK)	(G) (W) (MK) (SO)	(G)(W)(B)(MK)(E)(SE)	(G) (W) (E) (SO) (MK)	(G) (W)
Lunchtime Lunchbox			Ham Roll Pizza Finger Salad Sticks Choose one of our Fabulous Desserts		Cheese Roll Chicken Goujon Salad Sticks Choose one of our Fabulous Desserts
			(G)(W)(MK)(E)(S)(SO)		(G)(W)(B)(E)(MK)(SE)
Desserts	Choose One of Our Fabulous Desserts Chocolate Crunch Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Apple Crumble & Custard Fruit Yogurt & Coulis Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Mixed Berry Sponge Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Vanilla Ice-Cream Fruit Yogurt & Coulis Fresh Fruit Pot (MK)	Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)

# Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings





### Commencing: 7th Nov, 28th Nov, 19th Dec, 16th Jan, 6th Feb, 6th March, 27th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Pasta Bolognaise served with Garlic and Herb Bread, Peas and Sweetcorn	Chicken Paella served with Homemade Crusty Bread & Fresh Salad	Toad in the Hole with Mashed Potatoes Broccoli, Carrots and Gravy	Street Feast Chicken Burger in a Bun with Baked Wedges and Garden Peas	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK)	(G) (W)	(G)(W)(E)(MK)(SO)(SU	(G) (W) (SE)	(G) (W) (F)
Meat Free	Vegetable Pasta Bolognaise served with Garlic and Herb Bread, Peas and Sweetcorn	Vegetable Paella served with Homemade Crusty Bread & Fresh Salad	Vegetable Sausage Toad in the Hole with Mashed Potatoes Broccoli and Gravy	<u>Street Feast</u> Southern Fried Quorn Burger in a Bun with Baked Wedges and Garden	Cheese & Tomato Pinwheel Served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (B) (E) (MK)	(G) (W)	(G) (W) (B) (E) (MK)	Peas (G) (W) (E) (MK) (SE)	(G) (W) (E) (SO) (MK)
Lunchtime Lunchbox			Ham Salad Roll Cheese Straw Salad Sticks Choose one of our Fabulous Desserts		Cheese Roll 1/2 Sausage Roll Salad Sticks Choose one of our Fabulous Desserts
			(G) (W) (MK) (E) (SE)		(G)(W)(B)(E)(MK)(SE)
Desserts	Choose One of Our Fabulous Desserts Chocolate Shortbread Fruity Jelly Fresh Fruit Pot (G) (W) (MK)	Choose One of Our Fabulous Desserts Pineapple Muffin Fruit Yogurt & Coulis Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Cappuccino Cake Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Cherry Cookie Fruit Yogurt & Coulis Fresh Fruit Pot (G) (W) (MK)	Choose One of Our Fabulous Desserts Iced Sponge Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)

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### Commencing: 14th Nov, 5th Dec, 2nd Jan, 23rd Jan, 20th Feb, 13th March

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Mild Chicken & Vegetable Curry	Ham & Cheese French Bread Pizza served	Roast Gammon with Roast Potatoes,	Gourmet Hot Dog Pork Sausage in a	Fish Fingers served with Chips, Garden
Main Meal	served with Fluffy White Rice & Pitta Bread Finger	with Potato Wedges and Fresh Salad	Carrots, Broccoli, Yorkshire Pudding and Gravy	Bun with Ketchup, Seasoned Wedges & Salad Bar	Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK)	(G)(W)(SE)(SO)(MK)	(G) (W) (E) (MK)	(G) (W) (SE)	(G) (W) (F)
Meat Free	Classic Macaroni Cheese served with Garlic and Herb Bread and Fresh Salad	Margherita French Bread Pizza served with Potato Wedges and Fresh Salad	Broccoli & Cauliflower Bake served with Roast Potatoes, Yorkshire Pudding and Gravy	Gourmet Hot Dog Quorn Sausage in a Bun with Ketchup Seasoned Wedges & Salad Bar	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK) (SO)	(G)(W)(SE)(SO)(MK)	(G) (W) (E) (MK)	(G) (W) (E) (MK) (SE)	(G) (W)
Lunchtime Lunchbox			Ham Roll Cocktail Sausage Salad Sticks Choose one of our Fabulous Desserts (G)(W)(F)(E)(SE) (SO)(SU)		Cheese Roll Chicken Goujon Salad Sticks Choose one of our Fabulous Desserts (G)(W)(B)(E)(MK)(SE)
	Choose One of Our	Choose One of Our	Choose One of Our	Choose One of Our	Choose One of Our
Desserts	Fabulous Desserts Oat & Sultana Biscuit Fruity Jelly Fresh Fruit Pot (G) (W) (B) (E) (MK)	Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis Fresh Fruit Pot (G) (W) (E) (MK)	Fabulous Desserts Dutch Apple Sponge Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Fabulous Desserts Fruity Flapjack Fruit Yogurt & Coulis Fresh Fruit Pot (G) (W) (B) (E) (MK)	Fabulous Desserts Marble Cake Fruity Jelly Fresh Fruit Pot (G) (W) (MK) (E)

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