

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cowboy Pie - Sausage & Baked Beans Topped with Creamy Mashed Potato served with Broccoli & Cauliflower (G) (W) (SU) (SO) (MK)	Homemade Beef Lasagne served with Garlic and Herb Bread and Fresh Salad  (G) (W) (MK) (SO)	BENWICK BRUNCH Sausage Hash Brown Scrambled Egg Baked Beans  (G)(W)(SU)(SO)(SE)(E	Pizza Street  Meat Feast Pizza served with Potato Wedges and Fresh Salad  (G) (W) (E) (SO) (M	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup (G) (W) (F)
Meat Free	Vegetable Meatballs in a Tomato Ragu served with Rice (G) (W) (SO)	Jacket Potato with Choice of Toppings served with Fresh Salad  (MK) (F) (E)	BENWICK BRUNCH Quorn Sausage Hash Brown Scrambled Egg Baked Beans  (G)(W)(B)(MK)(E)(SE)	Pizza Street  Margherita Pizza served with Potato Wedges and Fresh Salad  (G) (W) (E) (SO) (MK)	Cheese & Tomato Quiche served with Chips, Garden Peas and Baked Beans  (G) (W) (MK) (E)
Lunchtime Lunchbox	(a) (w) (bo)		Ham Salad Wrap Pizza Finger Salad Sticks Choose one of our Fabulous Desserts  (G)(W)(MK)(E)(S)(SO)		Cheese Roll Chicken Goujon Salad Sticks Choose one of our Fabulous Desserts  (G)(W)(B)(E)(MK)(SE)
Desserts	Choose One of Our Fabulous Desserts Chocolate Crunch Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Apple Crumble & Custard Fruit Yogurt & Coulis Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Mixed Berry Sponge Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Vanilla Ice-Cream Fruit Yogurt & Coulis Fresh Fruit Pot (MK)	Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)

## Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings





Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Pasta Bolognese served with Garlic and Herb Bread, Peas	Beefburger in a Roll served with Diced Potatoes and Beans	Toad in the Hole with Mashed Potatoes Broccoli, Carrots and	Street Feast Chicken Burger in a Bun with Baked	Fish Fingers served with Chips, Garden Peas and Baked Beans
Iviaiii ivieai	and Sweetcorn (G) (W) (MK)	(G) (W) (SE)	Gravy (G)(W)(E)(MK)(SO)(SU	Wedges and Garden Peas (G) (W) (SE)	and Tomato Ketchup (G) (W) (F)
	Jacket Potato with	Vegetable Quesadilla served with with	Classic Macaroni Cheese served with	<u>Street Feast</u> Southern Fried	Cheese & Tomato Pinwheel Served
Meat Free	Choice of Toppings served with Fresh Salad	Diced Potatoes and Fresh Salad	Garlic and Herb Bread and Fresh Salad	Quorn Burger in a Bun with Baked Wedges and Garden Peas	with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(MK) (F) (E)	(G) (W) (MK)	(G) (W) (MK) (SO)	(G) (W) (E) (MK) (SE)	(G) (W) (E) (SO) (MK)
Lunchtime Lunchbox			Ham Salad Wrap Cheese Straw Salad Sticks Choose one of our Fabulous Desserts		Cheese Roll 1/2 Sausage Roll Salad Sticks Choose one of our Fabulous Desserts
			(G) (W) (MK) (E) (SE)		(G)(W)(B)(E)(MK)(SE)
Desserts	Choose One of Our Fabulous Desserts Chocolate Shortbread	Choose One of Our Fabulous Desserts Pineapple Muffin	Choose One of Our Fabulous Desserts Cappuccino Cake	Choose One of Our Fabulous Desserts Cherry Cookie	Choose One of Our Fabulous Desserts Iced Sponge
	Fruity Jelly Fresh Fruit Pot (G) (W) (MK)	Fruit Yogurt & Coulis Fresh Fruit Pot (G) (W) (E) (MK)	Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Fruit Yogurt & Coulis Fresh Fruit Pot (G) (W) (MK)	Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)

## Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings



Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Mild Chicken & Vegetable Curry	Ham & Cheese Pizza served with Potato	Roast Gammon with Roast Potatoes,	Gourmet Hot Dog Pork Sausage in a	Fish Fingers served with Chips, Garden
Main Meal	served with Fluffy White Rice & Pitta Bread Finger	Wedges and Fresh Salad	Carrots, Broccoli, Yorkshire Pudding and Gravy	Bun with Ketchup, Seasoned Wedges & Salad Bar	Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK)	(G)(W)(SE)(SO)(MK)	(G) (W) (E) (MK)	(G) (W) (SE)	(G) (W) (F)
	Classic Macaroni	Cheese Pizza served	Broccoli &	Gourmet Hot Dog	Vegetable Nuggets
Meat Free	Cheese served with Garlic and Herb Bread and Fresh Salad	with Potato Wedges and Fresh Salad	Cauliflower Bake served with Roast Potatoes, Yorkshire Pudding and Gravy	Quorn Sausage in a Bun with Ketchup Seasoned Wedges & Salad Bar	served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK) (SO)	(G) (W) (E) (SO) (MK)	(G) (W) (E) (MK)	(G) (W) (E) (MK) (SE)	(G) (W)
Lunchtime Lunchbox			Ham Salad Wrap Cocktail Sausage Salad Sticks Choose one of our Fabulous Desserts (G)(W)(F)(E)(SE) (SO)(SU)		Cheese Roll Chicken Goujon Salad Sticks Choose one of our Fabulous Desserts (G)(W)(B)(E)(MK)(SE)
Desserts	Choose One of Our Fabulous Desserts Oat & Sultana Biscuit Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Dutch Apple Sponge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruity Flapjack Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Marble Cake Fruity Jelly Fresh Fruit Pot
	(G) (W) (B) (E) (MK)	(G) (W) (E) (MK)	(G) (W) (E) (MK)	(G) (W) (B) (E) (MK)	(G) (W) (MK) (E)

## Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings

