

Benwick Primary School



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Benwick Briefing 17/05/2024

Dear Parents and Carers,

Message from Mrs Talbot:

Well done to our fantastic Year 6 who undertook their SATs this week with such resilience, we are so proud of them for their efforts!

This week has been Mental Health week with the theme of 'Move Your Way'.

Why movement matters - Research from Mental Health UK shows:

Being physically active is great for our bodies and our minds.

Exercise has been proven to reduce anxiety and depression, and it can help us to prevent physical illnesses, their research shows that people find exercising regularly helps manage stress.

In school we encourage the children to move as much as possible and build this into active lessons as well as breaks and daily mile type activities. For more information about Mental Health Week check out this [website](#).

Have a lovely weekend,

Best wishes,

Mrs Talbot - Headteacher

Walk to School Week 20th May- 24th May

The Junior Travel Ambassadors, along with Mrs Hill, will be handing out stickers/cards at lunchtime for those that walk to school each day.

5 days of walking= win a Fuzzy Monster. For those that have to drive to school why not park further away and enjoy a walk 'n' talk to school. It all counts!

Family Hub- Getting it right for children.

The Cambridgeshire and Peterborough Family Hub are running an online parenting course all about getting it right for children when parents are separated. Its 2 hours, 2 separate sessions held over a lunch time so will fit nicely into most people's schedules. Full details attached including how to book.

School Lunches

Please don't forget to order your child's school lunches for next week.

Have a lovely weekend.

Kind Regards

Mrs Rachael Barton
School Secretary

Important Dates:

Monday 20th May	YR6 Cromwell Parents Meeting
Thursday 23rd May	EIFA Drop-in 2pm onwards
Friday 24th May	Sports Day 1.15pm
Monday 27th May- Friday 31st May	Half Term
Tuesday 4th June	Heights & Weights Measurements YR & YR6
Wednesday 5th June	Vision Screening YR
Tuesday 18th June	New Reception 2024 Parents Meeting
Monday 24th June	EIFA Drop-in 8.30am onwards
Thursday 27th June	YR6 Abbey Transition Day
Friday 28th June	YR6 Abbey Transition Day
Wednesday 3rd July	YR6 Cromwell Transition Day
Tuesday 9th July	YR6 Cromwell Transition Day
Thursday 11th July	YR6 Cromwell Transition Day
Thursday 11th July	EIFA Drop-in 2pm onwards
Thursday 18th July	YR6 Leavers Assembly 2.30pm
Monday 22nd July	INSET DAY- No children in school
Tuesday 23rd July- Friday 30th August	Summer Holidays
Tuesday 3rd September	INSET DAY- No children in school
Wednesday 4th September	Term Starts
Monday 23rd September	School Photo's
Monday 14th October- Friday 18th October	Bikeability Level 2
Monday 28th Oct- Friday 1st Nov	Half Term
Monday 23rd December- Monday 6th January	Christmas Holidays
Monday 6th January 2025	INSET DAY- No children in school
Monday 17th- Friday 21st February 2025	Half Term
Friday 4th April 2025	INSET DAY- No children in school
Monday 7th- Monday- Monday 21st April 2025	Easter Holidays

Tuesday 29th April 2025	Bikeability Level 1
Monday 5th May 2025	Bank Holiday
Monday 26th- Friday 30th May 2025	Half Term
Monday 2nd June 2025	INSET DAY- No children in school
Wednesday 23rd July 2025	INSET DAY- No children in school
Thursday 24th July- Friday 29th August 2025	Summer Holidays