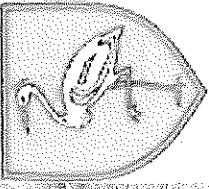


# LUNCHTIME CO.

## Week 1

Commencing • 28th Oct • 18th Nov  
 • 9th Dec • 13th Jan • 3rd Feb • 2nd March • 23rd March



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly baked bread*

*Menu choice 1*

*Menu choice 2*



*Sides*

*Desserts*

Garlic bread

Jacket potato with toppings, cheese, beans, tuna mayo

Vegetable burger with wedges

Seasonable vegetables  
Selection of salads

Chocolate brownie

Sliced fresh fruit

Wholemeal bread

Beef lasagne

Vegetable Stir fry and rice

Seasonable vegetables  
Selection of salads

Marble Cake

Sliced fresh fruit

Focaccia

Chicken pie in gravy with mash potatoes

Penne pasta with tomato and basil sauce

Seasonable vegetables  
Selection of salads

Jelly

Sliced fresh fruit

Rosemary wholemeal bread

Roast pork with roast potatoes

Vegetarian sausages rolls with roast potatoes

Seasonable vegetables  
Selection of salads

Fruit cookies

Sliced fresh fruit

Garlic & herbed ciabatta

Fish fingers & chips with tomato ketchup

Fishless Fish fingers & Chips

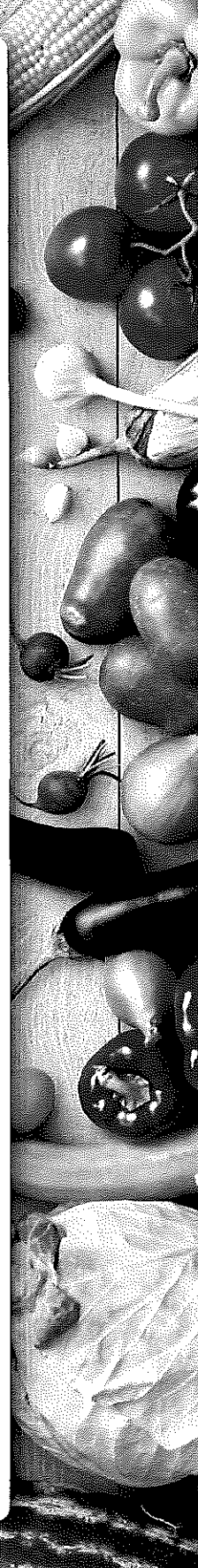
Seasonable vegetables  
Selection of salads

Vanilla sponge with custard

Sliced fresh fruit

*Some of our food may contain allergens. Please ask our chef for advice.*

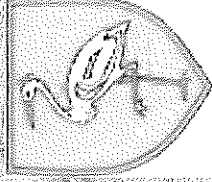
*Our mission is to make your lunchtime meal the highlight of your day.*




# LUNCHTIME CO

## Week 2

Commencing • 4th Nov • 25th Nov  
 • 16th Dec • 20th Jan • 10th Feb • 9th March • 30th March



**MEAT FREE**  **Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

*Freshly baked bread*

*Menu choice 1*

*Menu choice 2*



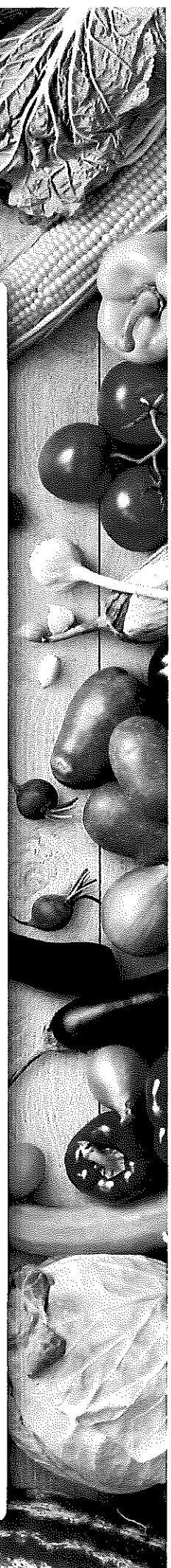
*Sides*

*Desserts*

Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Cheese and tomato pizza	Pork sausages with mashed potatoes	Beef Bolognaise	Roast chicken with roast potatoes & yorkshire pudding	Battered fish & chips with tomato ketchup
Cheese cauliflower & broccoli bake	Tomato pasta bake	Jacket potato with cheese and tuna mayo	Quorn sausage with roast potatoes & yorkshire pudding	Vegetable wrap
Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads	Seasonable vegetables Selection of salads
Apple crumble & custard	Flapjack	Cheesecake	Shortbread	Chocolate sponge cake with chocolate sauce
Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit	Sliced fresh fruit

*Some of our food may contain allergens. Please ask our chef for advice.*

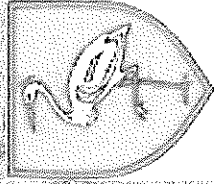
*Our mission is to make your lunchtime meal the highlight of your day.*



# LUNCHTIME CO.

## Week 3

Commencing • 11th Nov • 2nd Dec  
• 6th Jan • 27th Jan • 24th Feb • 16th March



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly baked bread*

*Menu choice 1*

*Menu choice 2*

*Sides*

*Desserts*

Garlic bread

Wholemeal bread

Focaccia

Rosemary wholemeal bread

Garlic & herbed ciabatta

Macaroni cheese

Chicken and vegetables bake

Beef burger with potato wedges

Roast turkey with roast potatoes and yorkshire pudding

Fish fingers & chips with tomato ketchup

Jacket potato with toppings, cheese, beans, salmon mayo

Cheese and tomato quiche

Homemade cheese & potato pasta

Quorn pasta bake

Vegetable flat bread pizza

Seasonable vegetables  
Selection of salads

Seasonable vegetables  
Selection of salads

Seasonable vegetables  
Selection of salads

Seasonable vegetables  
Selection of salads

Seasonable vegetables  
Selection of salads

Lemon Drizzle Cake

Fudge Tart

Ice Cream

Chocolate Cookie

Bakewell tart

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

*Some of our food may contain allergens. Please ask our chef for advice.*

*Our mission is to make your lunchtime meal the highlight of your day.*

